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## THE BEST NEW BEAUTY TREATMENTS TO TRY THIS YEAR

BY KELLI ACCIARDO • MAY 19, 2014 • 12:40PM

Sometimes you need a quick massage or facial to reboot, but there are those other times when you're in the mood for a seriously luxe afternoon of pampering—that's where these unique services come in. From a dreamy massage under a down comforter, to a HydraFacial that will leave you feeling like your pores were deep cleaned, these are the salon and spa game changes that will have you scheduling a little "me time" on the regular.



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### HydraFacial, Performed at Dermatologist Offices & Day Spas Nationwide

When you only have a lunch hour to spare and are in need of a serious skin makeover, book a HydraFacial. You'll be in and out in 30 minutes with a tighter, healthier, and more toned visage. After an optional lymphatic drainage, your technician will cleanse and exfoliate your skin using a deplaning tool during this lite version of a skin resurfacing procedure. The result? Your skin feels like it's having all the grime *ever* sucked out of it. Very refreshing, no pain, but lots of gain! Afterwards, an acid peel and blue light/red light therapies are performed to prevent unwanted breakouts. Before the quick treatment ends, you'll be slathered in serum and on your way without any redness or irritation.

Visit [hydrfacial.com](http://hydrfacial.com) for more information.